

**PAULOLUIGI's** PIZZA & PASTA  
ITALIAN FAMILY RESTAURANT



LUNCH SPECIALS EVERY DAY \$8.50  
INCLUDES FRESH SALAD & SODA (TAKEOUT DOESNT INCLUDE SODA)

**GRAND OPENING**

35 YEARS SERVING ITALIAN CUISINE  
Owner of PAULOLUIGI'S of Coconut Grove, Miami  
"WHEN GOOD PEOPLE & GREAT FOOD COME TOGETHER"

PIZZA, PAST, MEAT AND SEAFOOD  
OPEN, LUNCH & DINNER • CATERING, HOLIDAYS

**15% OFF**  
PURCHASE OF \$30 OR MORE  
MON-THUR. DINNER PARTIES OF TWO OR MORE  
Mon-Thur only. Expires 1/31/10

**Monday-Thursday**  
2 LARGE PIES  
2 LITER BOTTLE OF SODA &  
GARLIC KNOTS  
**\$22**  
Mon-Thurs only. Expires 1/31/10

845.589.0429 • Rt 303 VALLEY COTTAGE



**APOGEE**  
Learning Enhancement Training Systems™

The Academics and the Arts  
Who is your child beyond the labels?  
Learning Disabled • ADD  
ADHD • Dyslexic • Gifted

Is Your Child a Misunderstood Learner?  
Is Your Child's Learning Style Fully Understood?

**Rose Marie Raccioppi, MS FABI**  
Holistic Educational Therapist

Award Winning - Honored Educator - Published Author - State Certified Regular and Special Education

A Warm and Nurturing Environment • Personal and Truly Individual One-on-One Tutorials • All Subjects  
• All Ages • All Grades • College Level • Study Skills • Organizational Skills • Presentation Skills • Math •  
Reading • Writing • All Language Skills • Proven Methods • Proven Results

A Paradigm for Empowerment  
Integrated Educational Therapy • Sound Therapy • Stress Management  
To schedule an appointment or for further information call:

845-359-9056 • Toll Free 1-866-228-8663

• Call for your FREE Introductory Consultation •  
www.apogeelearning.com



978 Route 45 Suite L2  
Pomona NY 10970

**25% OFF**  
all tile. expires 2/28/10

**10% OFF**  
all vanities. expires 2/28/10

193 North Route 303  
Valley Cottage NY 10989  
845.267.HOME  
(4663)



"SO MUCH MORE THAN TILE"

Free Estimates  
Licensed & Insured

Featuring:

- Exclusive Kohler Dealer
- Wood Pro Vanities
- Jeffery Alexander Vanities
- Norcraft Kitchen Cabinetry
- Progress Lighting
- Ceasar Stone, Marble & Granite Countertops
- All Accessories for Kitchen & Bath



6,000 Sq. Ft. Showroom  
Store Hours  
Mon-Wed, Fri: 10-5  
Thurs: 10-8  
Sat: 10-2

Over 20 Vignettes Featuring a  
Combination of Tiles, Marbles & Granites

Enormous selection of Porcelain, Marble,  
Glass & Mosaics  
Interior Designer Available  
Our Home or Yours



**New City Bowling & Victor's Little Italy Team Up**  
Victor's added a second location inside  
New City Bowling at  
90 N. Main Street New City, NY

845.639.0454 / 845.634.4977

Let us Cater your next event at New City Bowling or  
Cherrie's Lounge  
NewCityBowlingandBattingCages.com  
Birthday Parties • Adult Parties • Staff Parties

Buy Any Family Pie

**Get 50% OFF**

2nd Pie of equal or lesser value. Must present coupon at  
time of purchase. Redeemable at both locations.  
(limit 1 per customer) expires 2/28/10

Buy Any Family Pie

**Recieve FREE Pitcher of Soda**

Sun, Mon, Tues. Must present coupon at time of purchase.  
Redeemable at both locations.  
(limit 1 per customer) expires 2/28/10



**NEW CITY BOWL & BATTING CAGES**

**Bowl 2 Games get 3rd FREE**

Good up to 4 people expires 3/15/10  
rate #39

**NEW CITY EYES**

191 South Main St, New City

Tel. 638-1234

Store Hours:

Mon-Wed-Thurs-Fri 10:00-5:00  
Tuesday 10:00-6:30  
Saturday 9:30-4:00



**50% OFF**  
Frame Sale  
Includes All Frames Up To \$200  
**\$125.00 OFF**

For Purchase of Frame Over \$200  
Coupon must be presented at the time of purchases. Not to be combined with any other offers, specials, Union or health plans. Expires 1/6/10

Varilux Lenses  
of all types

**\$60.00 OFF**

Any Complete Pair  
Coupon must be presented at the time of purchases. Not to be combined with any other offers, specials, Union or health plans. Expires 1/6/10

**\$25.00 OFF**

Now an additional way to save if you bring your own prescription  
Coupon must be presented at the time of purchases. Not to be combined with any other offers, specials, Union or health plans. Expires 1/6/10



Catering Available  
for Any Holiday Occasion!

Free Delivery



**HALF PRICE EVERY DAY**

Buy one meal (lunch/dinner) and get the 2nd at half price. Eat In. One Per Customer, Half off equal or lesser value.

Authentic Mexican Food  
46 South Main Street New City, NY 10956

Open 7 days a week • 10am-10pm  
Minimum order \$15 for delivery  
845.634.0870

**\$2.00 OFF**  
on \$15 or more. Dine in or pick up. 1 coupon per order

**\$3.00 OFF**  
on \$30 or more. Dine in or pick up. 1 coupon per order. Cannot be combined with any other coupon

**15% OFF**  
on \$45 or more. Dine in or pick up. 1 coupon per order. Cannot be combined with any other coupon

**FREE Dinner**

Buy 2 dinners get the 3rd free, must be of equal or lesser value. Valid Sunday-Thursday. Eat-in or take out. One per customer. With mention of this ad. expires 12/31/09

**FREE \$25.00 Gift Card**

When you buy 2 \$100 gift cards get a \$25 gift card for yourself free. With mention of this ad. expires 12/31/09

Classy yet Casual  
Extravagant yet Affordable

\*Now taking Holiday Reservations for  
Christmas Eve and New Years Eve!\*

We can also cater your holiday parties  
on or off premise! Book now!



**Now Open Mondays**

We serve Lunch & Dinner:  
Monday-Friday: 11:30-9:30  
Dinner:  
Saturday & Sunday: 4-9

2 for 1 Happy Hour:  
Monday-Thursday: 4pm-7pm  
Friday: 4pm-6pm at bar only

Join us for the  
Suffern Sunset Prix Fixe  
Just \$15.95

**ravi**  
continental cuisine

150 Lafayette Avenue  
Suffern, NY 10901  
ravi.com  
845.369.7284

**Chophouse**

Rockland's New Family Bar & Grill  
**One Free Appetizer**  
With Ad  
Valid Sun-Thurs. Limit one per table.  
Cannot be combined with any other offers. Expires 12/31/09

**Chophouse**

Rockland's New Family Bar & Grill  
**10% OFF Brunch**  
Minimum order \$40  
Valid Sunday Brunch Only  
Cannot be combined with any other offers. Expires 12/31/09

**Chophouse**

Rockland's New Family Bar & Grill  
**1/2 OFF LUNCH**  
Buy One Lunch Item Get the 2nd of  
equal or lesser value at 1/2 Price.  
Cannot be combined with any other offers. Expires 12/31/09

\*Don't Forget to visit our sister restaurant!  
ravi continental cuisine www.ravisny.com

Come See what's

**NEW at the Chophouse.**

Reasonable Prices Wonderful Family Atmosphere Friendly Service



**Sunday & Monday  
Football Specials**  
\$2.50 Bottle Beer  
\$2.00 Draft Beer  
\$6 Pitchers  
25 Cent Wings

- **Happy Hour**  
Monday - Thursday 4-7  
Friday 4-6 1/2 price drinks
- **Serving Lunch & Dinner**
- **Private Party Room Available**  
On and Off Premise Catering

Early Bird  
Specials  
\$15.95  
Prix Fixe

**Chophouse**

1581 Route 202, (Pacesetter Park Shopping Center) Pomona, NY 10970  
845.362.1670

www.pomonachophouse.com

**CONGERS AUTO SPA**  
EXPRESS LUBE, CAR WASH & DETAIL CENTER  
240 Route 9W, Congers, NY  
(1/2 Mile North of Rockland Lake)  
845-268-2994

**All New Equipment For The Safest And Best Quality Car Wash In Rockland County**

**Open 7 Days!**

**FREE CAR WASH OFFER**

**Car Wash Only \$5.00**  
UPGRADE YOUR CAR WASH & SAVE  
\$1.00 OFF Express or Premium Package.  
Take \$2.00 OFF Ultimate or Platinum Package.  
With coupon only. Cannot be combined with other offers. Expires 2/28/10

**\$5.00 OFF Plus FREE CAR WASH!**  
10-min. Express Oil Change  
Complete 19 point service...no appt! **\$29.95 + tax**  
With coupon only. Includes new oil filter & up to 5 quarts 5w20, 5w30 or 10w30 motor oil. Additional charge for more than 5 quarts oil and special cartridge oil filters. Cannot be combined with other offers. Expires 2/28/10

**\$20.00 OFF Premium Detail**  
Complete Detail Package  
Interior Shampoo & Wax  
**Only \$109.00 + tax**  
SUV's, VAN, & TRUCKS \$139.00 + tax  
With coupon only. Cannot be combined with other offers. Expires 2/28/10

*Great Products, Great Hair  
Great Place*

**expert série**

Come See Why People are doing Flips for **flipz** hair salon

295 Route 304,  
Bardonia, NY 10954  
(845) 623-8822  
www.flipzhairsalon.com

**All Products 40% off Everyday!**  
excluding sale items and appliances

**25% OFF**  
All services over \$200. Must present coupon at time of purchase. expires 3/1/10

**20% OFF**  
All services up to \$150 (minimum \$40). Must present coupon at time of purchase. expires 3/1/10

**Keratin Treatment Starting at \$160**  
Depending on Hair Length. Must present coupon at time of purchase. expires 3/1/10

**DO YOU HAVE BACK PAIN?**  
*Get relief now\**

- Herniated or Bulging Disc
- Acute and Chronic Low Back Pain
- Pre/Post Surgery Patients
- Degenerative Disc
- Sciatica

**FREE CONSULTATION**

**Most INSURANCES ACCEPTED**

**DRX9000**  
New Technology

We Believe In Non Surgical Affordable Treatments

CALL **845-354-1064**  
**Dr. Bruce Numeroff DC**  
Over 20 Years Experience  
978 Route 45 Suite 109 Pomona

Residential & Automotive Window Tinting • Paint Protection • Automotive Accessories

**PERSONAL TOUCH**  
AUTO DETAILING & WINDOW TINTING  
845.354.4028  
11 Old Rt 202A  
Pomona, NY 10970

Gift Certificates Available  
Hours:  
Mon-Thurs 9-6,  
Fri & Sat 9-8

**\$25.00 OFF 15% OFF**

any full service detail or automotive & residential window tinting expires 2/15/10 Coupon must be presented at time of purchase.  
any home or office window tinting expires 2/15/10 Coupon must be presented at time of purchase.

• Pick-up & Drop Off • Hand Wash • Paintless Dent Removal • Graphics • Express Wax

**Based on Nobel Prize-Winning Science...**  
And Human Clinical Trials: Performed at the High Desert Heart Institute, Validate the Efficacy of ProArgi 9 Plus.

Working in cooperation with Duke, Stanford and Harvard Medical Schools.  
Dr. Joe Prendergast MD states that over the last 20 years, "I have developed life-saving medical protocols that are shown to reverse disease and a myriad of other health risks including:"

- Heart Disease
- High Blood Pressure
- Diabetes
- Sexual Dysfunction
- High Cholesterol
- Osteoporosis
- Dementia
- Alzheimer's
- Chronic Pain
- Migraine Headaches
- Arthritis
- Depression
- Menopause
- Lack of Energy and more...

Dr. Joe Prendergast Practicing Endocrinologist for 35 years. States that he has clinically tested and documented the results of more than 6,000 of his own patients using ProArgi9plus and did not lose one patient to a Heart Attack or Stroke in 19 years.

Visit [www.argi9plus.com](http://www.argi9plus.com) and receive a **\$156 Wholesale Coupon**

**100% money Back Guarantee**  
For a Free 1 hr. DVD interview with Dr. Joe Prendergast MD formulator of ProArgi 9 Plus  
Call 1.888.272.7417

**Lighting Connection**  
Licensed **ELECTRICAL CONTRACTING**  
Residential/Commercial

- Complete Interior/Exterior Wiring
- Service Upgrades
- Renovations
- Generator Installations
- Landscape Lighting
- Preventive Maintenance

**24 HOUR Emergency Services**

*The Best In Service*

Haverstraw, NY 10927  
Tel: 845.300.6471 Fax: 845.429.2338  
lightingconnection@gmail.com

**Need a Website, Company Logo, Postcard or Brochure Designs?**  
AmeriList has got you covered.

Let us design something that will make your business stand apart from your competition.

Business Cards  
Letterhead  
Envelopes  
Flyers  
Brochures  
Mailing Lists  
Letter Shop Services.

**Special Offer New Customers \$50 OFF your order.**  
Expires 1/31/10

Call Today **1.800.457.2899 Ext. 307**  
Visit us online at [www.ameirlist.com](http://www.ameirlist.com)

**AmeriList**  
Addressing Your Needs™  
978 Route 45 L2  
Pomona, NY 10970

**RICK'S**  
*Autobody*  
Choosing the best bodyshop is no accident!

845-268-4115  
170-180 Route 9W, Congers, NY 10920

**ATLAS AIR MASTERS, INC.**  
**SAVE ENERGY DOLLARS**  
HAVE YOUR SYSTEM CHECKED BEFORE IT BECOMES AN EMERGENCY  
We will make sure your heating system runs at peak efficiency.

**Complete Heating Tune Up \$89.00 per unit**  
\* With Ad. Expires 1/30/10

Trade in your old heating system for a new "TRANE" Super High Efficiency Furnace  
"TRANE" Super High Efficiency Furnaces  
95% Modulating Furnaces  
"TRANE" Clean Effects Air Cleaners  
High Efficiency Hot Water Boilers & Hot Water Heaters

Federal Tax Credit & Utility Rebates on Qualified Systems  
Financing Available (no payments or interest for 6 months)  
Senior Discount - FREE Estimates

HEATING & AIR CONDITIONING RESIDENTIAL • COMMERCIAL  
"TRANE" COMFORT SPECIALISTS  
SERVING BERGEN & ROCKLAND COUNTY SINCE 1966  
(845) 623-3803 • (845) 639-6242 • (201) 512-1011  
SALES • SERVICE • INSTALLATIONS • LIC # 1063 • INSURED

For the lowest possible heating bills - call today for an appointment

**Sugi STEAKHOUSE**  
Sushi Bar & Hibachi Grill

Come In With Expectation...Leave With SATISFACTION

"Hibachi, Steak & Seafood Were Outstanding!"  
- The Journal News | Jan. 16, 2003

"The Meal Was A Pleasure & Magnificent!"  
- Rockland Co. Times | June 6, 2003

Enjoy Sugi's Creative Fresh Sushi  
Call Early for Reservations  
Gift Certificates Available

26 W. Ramapo Rd. Route 202  
Garnerville, NY 10923  
(845) 796-9800

**10% OFF Entire Bill**  
Sugi's Steakhouse  
Valid Sun-Thurs. Not valid with other offers or on holidays. Offer expires 3/29/10

**10% OFF Entire Bill**  
Sugi's Steakhouse  
Valid Sun-Thurs. Not valid with other offers or on holidays. Offer expires 3/29/10

**Haverstraw's Sweet Secret**  
Homemade Mouthwatering Chocolate

Lucas Candies  
Established 1896  
A Sweet Tradition for over 100 Years

Join our candy club for FREE gifts and promotions at [lucascandies.com](http://lucascandies.com)

6 main street,  
Haverstraw, NY 10927  
845.947.1220  
[www.lucascandies.com](http://www.lucascandies.com)  
Open Wed-Sun 10am - 6pm

**Relax Stay at Home. Let Me Come to You**

Janet Scheurtzel  
Professional Licensed and Insured  
Massage Therapist

• Enjoy a relaxing massage in the comfort of your own home  
• Loosen muscles after a sporting event!  
Choice of Massage Table or Chair

Gift Certificates Available  
Why wait call now **845.429.7877**

**\$20.00 OFF** swedish deep tissue massage expires 1/31/10  
**\$20.00 OFF** off 1st and 3rd massage expires 1/31/10

**BIG RED Tomato BAR & GRILL**

**Happy Hour 2 for 1**  
Mon 7-9, Wed-Fri 5-7

9 Main St. Haverstraw  
845.269.3746

**10% OFF**  
entire bill. Must present coupon at time of purchase. (closed on Tuesdays) expires 2.28.10

**Choice Shopper**

Feature Your Business Today. Your ad could be HERE!

Contact Your Representative TO RESERVE YOUR AD TODAY.

**Choice Shopper**  
an ameriList publication

**CALL US AT 1.800.457.2899**